



中國香港摔跤理事會有限公司

HONG KONG CHINA WRESTLING ASSOCIATION LIMITED

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附件 2：2026 年亞運會 選拔機制、選拔準則及最低要求

中國香港摔跤理事會

選拔機制及準則

1. 選拔委員會

由本會主席、技術總監及一名獨立教練組成。

2. 選拔準則

- 運動員必須為本會註冊會員；
- 在指定選拔賽:2025 年及 2026 年度在香港本地摔跤錦標賽中獲前 3 名及香港國際比賽中獲前 3 名;
- UWW 亞洲錦標賽/世界錦標賽/認可國際賽事中獲得前 8 名；
- 達到技術標準（由技術委員會評定）；
- 體能測試合格（內容包括力量、耐力、靈敏度）；
- 無違反紀律記錄。

3. 最低要求

- 年齡符合賽會規定；
- 持有有效香港身份證及特區護照；
- 通過本會安排之體檢；
- 承諾遵守賽會及本會一切規章。

批准日期：2026 年 5 月 14 日

Appendix 2: 2026 Asian Games – Selection Mechanism, Selection Criteria and Minimum Requirements

Selection Mechanism and Criteria

1. Selection Committee

Composed of the President, Technical Director and one independent coach of the Association.

2. Selection Criteria

- Athlete must be a registered member of the Association;
- Must have achieved top 3 positions in the designated selection trials, namely the Hong Kong Local Wrestling Championships in 2025 and 2026, and top 3 positions in Hong Kong international competitions;
- Must have achieved top 8 positions in UWW Asian Championships / World Championships / recognised international competitions;
- Must meet the technical standard (assessed by the Technical Committee);
- Must pass a physical fitness test (including strength, endurance and agility);
- No record of disciplinary violation.

3. Minimum Requirements

- Age complies with Games regulations;
- Holds a valid Hong Kong Identity Card and SAR Passport;
- Passes a medical examination arranged by the Association;
- Undertakes to comply with all rules and regulations of the Games Organising Committee and the Association.

Date of Approval: 14 MAY, 2026



MASOUD NIAZI
主席

